

# FREE TDAP VACCINE

Pertussis, also known as whooping cough, is on the rise across North Carolina. Protect yourself and your family against pertussis by getting the Tdap vaccine free at one of the following locations:

WHEN:	Monday, July 9	Saturday, July 14
WHERE:	Banoak Elementary School cafeteria	Health First Center at Valley Hills Mall
TIME:	4:00 – 7:00 p.m.	10:00 a.m. – 2:00 p.m.
WHAT TO BRING:	Your insurance card. No appointment is necessary.	

## SHOULD YOU GET THE TDAP VACCINE?

*The vaccine is recommended for:*

- Adults and children (7 years or older) who have not already received the Tdap vaccine or have not received it in the past 5 years.
- Children entering the 6<sup>th</sup> grade, which is a state requirement.
- Anyone who will be around infants (parents, grandparents, guardians, aunts, uncles, friends, cousins, caregivers, etc.).
- Pregnant women (beyond 12 weeks).
- Family members of those who are immune comprised, which may include people with underlying health conditions or people over 65 years of age.

***Free Tdap vaccine is also available Monday through Friday at Catawba County Public Health. Call (828) 695-5800 to make an appointment or stop by between 8:00 a.m. and 5:00 p.m.***

For more information call Catawba County Public Health at (828) 695-5800 or visit [www.catawbacountync.gov](http://www.catawbacountync.gov).